

**DISTRICT 19-4A**  
**Swimming and Diving Championships**  
**January 29 & 30, 2010**

DATES: January 29 & 30, 2010

LOCATION: Kingwood Park High School  
4015 Woodland Hills Drive  
Kingwood, Texas 77339

TEAMS: Barbers Hill, Crosby, Galena Park, Kingwood Park

OFFICIALS: Meet Director – Brad Griffith and Greg McLain  
Meet Referee – Leslie Johannsen

SCHEDULE: Diving Friday, January 29, 2009  
Warmup: 4:00pm  
National Anthem: 4:55pm  
Meet Start: 5:00pm

Swimming Saturday, January 30, 2009  
Warmup: 8:30am  
Coaches Meeting: 9:45am  
National Anthem: 9:55am  
Meet Start: 10:00am

ENTRIES: **Deadline for meet entries is January 19, 2009.** Email Hy-Tek entry file AND a meet entry report to [gmclain@humble.k12.tx.us](mailto:gmclain@humble.k12.tx.us) and [greg.mclain@gmail.com](mailto:greg.mclain@gmail.com). You may fax a UIL Entry Form in place of Hy-Tek meet entry report to 281-641-6811. If you do not have Hy-Tek software, you may enter with the official UIL entry form only. A psych sheet will be emailed out to all coaches on January 20<sup>th</sup>.

ENTRY LIMIT: Teams are limited to entering a maximum of 4 swimmers/divers in each individual event and 1 relay team in each relay event. National H.S. Federation and U.I.L. rules apply to all entries. All competitors listed on the master entry form are considered eligible for relays. Relays must be declared prior to the start of the meet. Any individual or relay may withdraw from an event by declaring a false start. This is a championship meet. Any swimmer who fails to compete will be subject to Federation and UIL disqualification rules.

SCORING: Individual Events: 9-7-6-5-4-3-2-1 Relays: 18-14-12-10-8-6-4-2

ADVANCERS: The top 6 finishers in each event will advance to the regional meet. Coaches wishing to scratch athletes from individual events at the region meet should do so at the conclusion of the district meet.

WARMUP: Lanes will be assigned based on number of entries. Warm up assignments will be sent out with the psych sheet.

AWARDS:

Schedule of Events

200 Medley Relay  
200 Free

Awards – Diving

200 IM  
50 Free

Awards – 200 Medley Relay  
Awards – 200 Free

100 Fly  
100 Free

Awards – 200 IM  
Awards – 50 Free

500 Free  
200 Free Relay

Awards – 100 Fly  
Awards – 100 Free

100 Back  
100 Breast

Awards – 500 Free  
Awards – 200 Free Relay

400 Free Relay

Awards – 100 Back  
Awards – 100 Breast  
Awards – 400 Free Relay  
Awards – Team, Competitor, Coach

The pool will be open during all award breaks for warmup. No Diving.