



Individual Recognition of Athletes:

1st Team All District will consist of 1st - 3rd place winners in **individual** events

2nd Team All District will consist of 4th - 6th place winners in **individual** events

Academic All-District – 90 average using the average of the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> 6-weeks grades. This is to be calculated as un-weighted and unrounded. Coaches must submit a list of recipients on January 26, 2010 at the District Meeting (10am at the LCISD Natatorium).

Swimmers and Divers of the Year/meet will be conducted with the use of hy-tek power point.

The Coach of the Year award will be voted on by those who are current TISCA members.

VII. **ADMISSION**

Admission will not be charged at the Swimming and Diving finals.

IX. **TIMING**

An automatic timing system will be used which should include:

- A. Touch pad for each lane
- B. Two (2) push buttons per lane
- C. Two (2) watches per lane

8-line scoreboard will be running as well as the use of dive panels.

**Each team will supply 4 timers per session. Timers cannot be parents; they need to be coaches or administrators.**

X. **RESTRICTIONS**

Air horns, bells and other mechanical noisemakers are prohibited in all District sessions.

XI. **ENTRIES**

All coaches will meet at the LCISD Natatorium, Tuesday, **January 26, 2010** to submit entries. We will meet at the pool at 10:00am. Please use hy-tek for your entries as well as provide a hard copy. All coaches will receive a psych sheet on that day. Dive sheets will need to be turned in as well. Please have dive sheets filled out according to an 11-dive meet as stated in the National Federation Rule Book. Be sure to include divers on your entry sheets. *Entry sheets can be found in your UIL handbook.*

***We will offer JV events in the 50 free and 100 free.***

**Entry Fees: Awards, officials, security, and hospitality fees will be divided between the teams and billed after the meet.**

XII. **MEET REGULATIONS**

The meet will be governed by rules stated in UIL Handbook and National Federation Rulebook.

XIII. **MISC.**

We will have LCISD Security at the Timed Finals. They will direct buses to appropriate area to park.

The wall nearest the pool entry will be used as a warm-up / cool-down lane.

Parents will need to sit upstairs. Downstairs will be for athletes and coaches only.

Concessions will be available as well as District t-shirts on sale.

Heat sheets will be available for coaches; parents may purchase theirs.

Parking is limited to the lot next to pool or in the back behind the natatorium.