



Northside Independent School District

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U.I.L. Districts 17-4A, 29-4A, 29-5A

Posted 01/08/10



The contents of this document are the sole responsibility of the Meet Host. Any and all questions regarding any aspect of the competition must be addressed only to the designated Meet Director.

- Meet:**
- 2010 U.I.L. District Championships for Districts 17-4A, 29-4A and 29-5A
 - Timed Finals
 - There will be no diving competition

- Date:**
- Friday, January 29, 2010

Entry deadline:
6:00 PM, Monday, January 25, 2010
No exceptions and no late entries

- Venue:**
- **George Block Aquatics Center**
 - 7001 Culebra Rd
 - San Antonio, TX 78238
 - 210-397-7500

- Facility:**
- Eight lane 25-yard pool
 - 7.0-foot minimum depth
 - DAKTRONICS automatic starting and timing
 - Concessions and swim shop available
 - Eight lanes warm-up / cool down pool adjacent

- Rules:**
- The 2009-2010 USA Swimming, Diving, and Water Polo Rules will govern this meet

Waiver:

- Teams entering this meet acknowledge, understand and agree that the U.I.L., USA Swimming, STS, the Northside ISD, the Alamo Area Aquatics Association, and all meet officials will be free from any and all liabilities or claims for damage arising by reason(s) of injuries to anyone during the conduct of this competition, or while traveling to or from this competition

**Aquatic Center
Rules**

- Teams need to sit in designated areas
- Hats, body or face painting, costumes, and / or props will not be allowed
- All spirit groups and mascots must stay in the spectator area and will not be allowed on deck
- Athletes and / or teams that violate these rules will be subject to disciplinary action that could result in disqualification from the competition.
- Spectators are not allowed on the deck at any time

Format:

- Championship with all heats as timed finals
- Seeded with individuals best season's times
- A Meet Committee of five (5) persons, appointed by the Meet Director (two officials, two coaches, and one athlete) will be the final authority on issues referred to it under authority of the Federation Rules
- The USA Swimming Whistle Start Procedure will be in use at this meet
- 15 minute break after the 50 yard freestyle
- Five minute break after the 100 yard Breastroke

Awards:

- Medals: Places one through three
- Ribbons: Places four through eight
- Plaques: Girls Championship Team
Boys Championship Team
Girls and Boys MVP
Girls and Boys Coach of the Year

Eligibility:

- All athletes must meet the current U.I.L. eligibility rules

Entries:

- Submit Hy-Tek Commlink File or disk listing an appropriate seed time
- Entries with No Time (NT) will not be accepted
- Hard copy must be included with entries
- Northside cannot accept meet entries without fees attached
- NO FAXED ENTRIES
- Prior to the first high school meet of the season, each school must have on file, in the State Athletic Office, and eligibility blank certifying their team members
- A copy of this form MUST BE INCLUDED with your District meet entries

Entry**Restrictions:**

- Each swimmer may enter four events, no more than two of which may be individual events
- No school may enter more than four swimmers in any single individual event
- Each school is limited to one relay team per relay event

Swim Suit**Restrictions**

- Only one suit is permitted during competition
- The suit must:
 - Be of one piece
 - Be constructed of woven / knit material
 - Be 100% permeable to air and water
 - Not aid in buoyancy
 - Not have a fastening system other than waist ties, casings, ribbing or elastic (no zippers)
 - Not extend beyond the shoulders or below the top of the kneecap and not cover the neck for women
 - Not extend above the waist or below the top of the kneecap for men

*Swimmers found in violation of these restrictions will be banned from further competition until the violation has been remedied.

Relays:

- Eight (8) individuals may be designated on the back of the relay card as being eligible to compete, but it will not count as an event unless that individual actually swims.
- Only four (4) swimmers declared on the front of the relay card are permitted to report to the blocks and compete
- If the swimmers are to be correctly noted in the Final Results, the order of swimming must also be specified
- Relay cards for the 200 yard Medley Relay must be turned in to the Official Scorer not later than the beginning of the coaches' meeting. Penalty 1 under Rule 3.2.1 will apply
- Relay cards for the 200 yard Freestyle Relay must be turned in to the Official Scorer not later than the start of the men's 500 yard freestyle. Penalty 1 under Rule 3.2.1 will apply
- Relay cards for the 400 yard Freestyle Relay must be turned in to the Official Scorer not later than the start of the men's 100 yard backstroke. Penalty 1 under Rule 3.2.1. will apply
- Once relay cards have been turned in to the Official Scorer, no changes will be permitted and post-meet corrections cannot be made

Scratch Rule:

- o High School Championship format
- o Scratches are not permitted
- o Swimmers who fail to appear for any competition which they have entered or have qualified for, will be disqualified from further competition
- o Previous performances will be nullified
- o Failures to compete by reason of illness or injury are excepted, as are alternated
- o An individual swimmer or relay team may withdraw from competition without penalty in any given event by declaring a false start
- o Declared false starts do count as an event

Entry Fee

- \$15.00 per swimmer
- Make checks payable to: **NISD**

Entry Deadline

- Entries and fees must be received NOT LATER THAN 6:00 p.m., January 25, 2010

Meet Management:

- | | | |
|---|--|---|
| <ul style="list-style-type: none"> • Meet Director • Terry Vettters • 7001 Culebra Rd • San Antonio, TX 78238 • 210-397-8985 • FAX: 210-706-7502 • terryvettters@nisd.net | <ul style="list-style-type: none"> • Entries Chair • Ryan Latone • 7001 Culebra Road • San Antonio, TX 78238 • 210-397-7587 • rlatone@gaggle.net • | <ul style="list-style-type: none"> • Meet Referee • Dennis Guill • 131 Eagle Vail • San Antonio, TX 78258 • 210-497-1803 • daguill@att.net |
|---|--|---|

Schedule:

- | | |
|------------------------------|-------------|
| • Warm-up begins at | 9:30 a.m. |
| • Clear pool-Coaches meeting | 10:30 a.m. |
| • National Anthem | 10:40 a.m. |
| • Meet begins | 10:42. a.m. |

Scoring:

Place ♦	1	2	3	4	5	6	7	8
Individual	9	7	6	5	4	3	2	1
Relay	18	14	12	10	8	6	4	2

Advancers:

- **The six top finishing individual swimmers and relay teams from each event will advance to their respective U.I.L. Regional Championship meet to be held February 12 – 13, 2010.**

Timers:

- Districts 17-4A, 29-4A, and 29 5A Executive Committee assumes responsibility for providing and adequate number of back-up timers
- Volunteers will nevertheless be welcome and appreciated

**Officials
Please Make
Note:**

- All deck officials must be currently (2009-2010) certified / registered with TISCA and NFHS
- The Meet Referee will make deck assignments two or three days BEFORE the meet
- Therefore, all officials who desire to be assigned to deck positions MUST notify the Meet Referee of their intentions and availability NOT LATER than 6:00 P.M., Sunday, January 24, 2010
- Please submit your information to: daquill@att.net
- You WILL NOT be assigned if your commitment and information are not submitted or not received by the deadline.
- Uniforms for deck officials will be: White shirts/blouses over navy blue pants, skirts, or Bermuda length shorts (NO JEANS PLEASE)
- Please report to the Meet Referee at 10:00 a.m. to receive your assignments

Safety:

- Northside I.S.D. Safety Guidelines and warm-up procedures will be in effect at this meet and will be included in the coaches packet.

Restrictions:

- The presence and / or use of cell phones or other devices capable of photography in locker rooms is strictly and specifically prohibited at all times.
- There are no exceptions to this prohibition.
- Violators are subject to disqualification from the meet and disbarment from the facility.

Order of the Swimming Events

Women's Event #	Distance (yards) and Stroke	Men's Event #
1	200 Medley Relay	2
3	200 Freestyle	4
5	200 Individual Medley	6
7	50 Freestyle	8
9	15 Minute break	10
11	100 butterfly	12
13	100 Freestyle	14
15	500 Freestyle	16
17	200 Freestyle Relay	18
19	100 Backstroke	20
21	100 Breaststroke	22
	5 Minute Break	
23	400 Freestyle Relay	24