

4A Swimming & Diving Championships

Region II

February 10-13, 2010

- Welcome:** We are looking forward to hosting your swim team at the 4A Region II Swimming & Diving Championship. The following are a few reminders to make the days go as smooth as possible.
- Location:** Wilkerson-Greines Activity Center Natatorium
5201 C.A. Roberson Blvd. Ft Worth, TX.
(1/2 mile north on Wichita St. from I-20)
- Entrance/Bus Parking:** For efficient crowd control, team members enter through Gate 4 located at the northeast corner of the complex and will be directed to the pool area. Bus parking will be on the northwest parking lot. The last four rows of the lot have been reserved for buses. Parents and spectators will enter in Gate 1 which will also serve as the exit for everyone.
- Facilities:** Indoor, eight-lane 25-yard competition pool with non-turbulent lane lines and gutters. Competition pool ranges from 13.5 feet to 5.5 feet in depth, nine-lane warm-up pool, Dura-flex diving boards, a fully automatic DAKTRONICS Timing System with Aqua-Grip 6-foot touch pads and an eight-lane time display.
- Entry Fees:** It is (\$12) per individual regardless of number of events entered e.g., a swimmer in two events equals' twelve (\$12) dollars and (\$12) per relay team. However, if the entries are not submitted through HyTek, the cost will be fifteen (\$15) dollars per student regardless of number of events entered and (\$15) per relay team.
- Entries:**
***District Directors:** Immediately after the district meet, fax results to 817-413-3651 Attn: Troy Bell and e-mail on HyTek to Vicki Richards at vicki@pressmanprintinginc.com.
***Coaches:** Immediately after the district meet, fax official UIL regional entries to 817-413-3651 attn: Troy Bell **and** e-mail on HyTek to Vicki Richards @ vicki@pressmanprintinginc.com. Call her to confirm @ 817-246-2460 x103 on Monday, February 8, 2010.
- Entry Limit:** Each individual may compete in a maximum of four events, no more than two of which may be individual events. In relay events, eight individuals may be listed on the entry card with any four assigned to swim. This will count as an entry for each person listed only if they swim in prelims or finals. Of the eight swimmers listed, different swimmers may swim at each level (District, Region, State), if next level meet director is notified on entry blank.
- Relay Entries:** Prelim Relay Entry Cards are due by 11:00 a.m. Friday, February 12th. If any swimmer changes are made for the finals, these must be made on the original card at the clerk of the course by 10:00 a.m., Saturday, February 13th.

Packet Pick-up:

Mandatory coaches meeting in the WGAC conference room, Friday, February 12th at 10:00 am. Coaches shall pay entry fees and pickup coaches' packet. Fees will not be accepted during the Diving finals. **(Do not mail payment) Bring check to the coaches meeting on Friday, February 12th made out to: Fort Worth ISD Athletic Department.**

Swim Warm-ups:

Open warm-up swim sessions; Friday, 10:30a – 11:45a & Saturday, 9:15a – 10:30a. Both ends of the pool will be open for warm-ups.

Coaching:

Only full-time coaches are allowed on the pool deck. Coaches can stand on either side of the pool deck to watch their swimmers. However, team managers must stay near the bulkhead (either side), so as to not block the view of the spectators in the grandstand area and to ease congestion.

Meet Schedule:

Wednesday, February 10th 4:45-5:45p Diving Warm-up (Girls and Boys)
Diving Finals 6:00p Diving Competition

Friday, February 12 th	10:00 a	Mandatory Coaches Meeting in WGAC Conference Room
Swimming Prelims	10:30 - 11:30a	Lanes 1-8 General Warm-up
	11:30 - 11:45a	Lanes 1 & 8 Pace Lanes 2, 3, 6 & 7 One Way Racing Starts Lanes 4 & 5 General Warm-up
	12:00p	Swimming Prelims Start

Saturday, February 13 th		
Swimming Finals	09:15 - 10:00a	Lanes 1-8 General Warm-up
	10:15 - 10:30a	Lanes 1 & 8 Pace Lanes 2, 3 6 & 7 One Way Racing Starts Lanes 4 & 5 General Warm-up
	11:00a	Swimming Finals Start

The shallow end, lanes 1-9, will remain open at all times during the swimming competition for general warm-up. **NO DIVING IN SHALLOW END!**

State Qualifying:

The winner in each swimming event will automatically qualify for the State Championships. Also, the next eight swimmers with the best final time from second, third, and fourth place finishers from the eight regional meets throughout the state will advance to the state championships. In diving events, the first and second place finisher will automatically advance provided the degree of difficulty requirement is met (see diving section below).

Scoring:

Individual events: 9-7-6-5-4-3-2-1 Relay events: 18-14-12-10-8-6-4-2

Timers:

Will be provided.

Awards:

Medals will be awarded for first, second, and third place in each event. Trophies will be awarded to the girls' team champion and the boys' team champion. Medals will be presented during the meet. They will not be mailed afterwards.

- Awards for Diving and 200 Medley Relay presented after 200 Medley Relay
- Awards for 200 Free, 200 IM, and 50 Free presented during the break after 50 Free
- Awards for 100 Fly, 100 Free, 500 Free and 200 Free Relay presented after the 200 Free Relay
- Remaining awards presented after the 400 FR (final event)

Rules:

National Federation Rules shall govern the meet, along with University Interscholastic League Rules and Regulations.

Trainers:

A Fort Worth ISD Trainer will be available during the meet, please ask for assistance if needed.

Admission:

Wednesday, February 10th	Diving	<u>No charge</u>	
Friday, February 12th	Regional Prelims	<u>Adults \$5</u>	<u>Students \$3</u>
Saturday, February 13th	Regional Finals	<u>Adults \$6</u>	<u>Students \$4</u>

NOTE: METAL DETECTORS WILL BE IN USE FOR ALL SPECTATORS WHO ENTER THE SWIMMING AND DIVING VENUE. PLEASE INFORM PARENTS TO LIMIT WHAT THEY BRING IN TO THE VENUE BECAUSE PURSES AND BAGS WILL BE SEARCHED. NO FOOD OR DRINKS WILL BE ALLOWED INTO THE FACILITY BY SPECTATORS.

Heat Sheets:

Available at a cost of \$3.00 each.

Hospitality:

Available for coaches, officials, and meet volunteers.

Voting:

Ballots for female and male competitor of the meet, and women's and men's team coach of the year, will be distributed during the meet, please return by the finals of the 200 Free Relay.

Swimming Consolation and Finals:

The top 16 swimmers in each event will qualify for Saturday competition. The top 16 swimmers will score. Consolations will be held in each event immediately prior to the final competition on Saturday.

State Swimming Qualifiers:

The first place winner in each event and the next eight (8) fastest times in the state will advance.

Meet Results:

The results will be posted in the foyer during the meet and will be available for coaches after each session.

Diving Competition

Diving Schedule:

All diving will take place Wednesday, February 10th. Boys and Girls diving warm-ups begin at 4:45 pm - 5:45 pm. Girls' diving competition will begin at 6:00 pm. Boys diving will follow the girls.

Diving:

Each diver will list eleven dives on the diving sheet. The competition shall consist of five voluntary dives and six optional dives. The five voluntary dives shall come from each of the five groups. The six optional dives shall include at least one chosen from each of the five groups. No more than one optional dive from the same group is permitted through the semifinals. The dives to be performed during each round shall be as follows:

Prelims

Any Two Vol. & 3 Opt.

Semifinals

2 Vol. & 1 Opt.

Finals

1 Vol. & 2 Opt.

After the preliminary round, twenty divers will advance to the semifinals. After the semifinals, sixteen divers will advance to the finals. The top 16 divers will score. In the event of a tie for the final qualifying positions, all ties will advance to the next round.

Diving Entries:

Each diving contestant shall submit a diving score sheet (use attached form) with swim entries, due immediately following the district meet. The dive sheet must include the diver's name and coach's signature, dive number, written description, position, degree of difficulty, and order in which the dives will be done in all levels of competition, prelims through finals. The dive number and position shall be the official description of the dive and shall take precedence. Changes shall be permitted up-until 60 minutes prior to the start of the respective diving competition. **Coaches who have a diver competing and are a certified dive judge, may be asked to judge the event, otherwise, bring a certified judge with you.** Print clearly on dive sheet! If dive sheet is faxed, you must mail or bring the original to the meet director. (Fax paper cannot be written on).

Diving Judges:

Please contact the meet director, Troy Bell at 817-413-3652 upon receipt of this information and report the name(s) of your diving judges by Tuesday, February 9th. Diving judges, please report to the diving referee thirty (30) minutes prior to the start of the diving competition.

Divers Qualified to State:

The 1st and 2nd place finishers will advance to state.

General Information

FWISD/WGAC Regulations:

- Metal detectors will be used at the event. The FWISD has a ***“no in and out”*** policy. If a spectator leaves the facility, they will have to purchase another ticket to re-enter.
- The acoustics are less than excellent and the noise can be deafening. Announcements will be made concerning events and heats on the score board; however, each swimmer is solely responsible for making it to the event on time.
- Signs and noisemakers of any type are prohibited within the facility.
- Glass items are prohibited within the facility.
- Smoking is prohibited within the facility.
- Pets are not allowed in the facility.
- Headsets must be used with all radios, CD players and iPods.
- The Fort Worth Independent School District shall not be responsible for lost, stolen or damaged articles.
- UIL rules prohibit regional participants from shaving within the facility.
- Only food and drinks brought in with the team when they enter will be allowed to be brought into the complex. We will have tables set up in the hallway adjacent to the pool to enjoy the food and drinks you bring. No food or drinks will be allowed on the deck.
- The ***concession stand*** in the foyer will be open for everyone. Tables will be set up to accommodate the food and drink items. No food or drinks will be allowed in the seating area of the natatorium. Please inform your parents.
- During the prelims, the deck procedures will be as followed. The swimmers will follow a u-shaped flow around the deck; swimmers asked to go to blocks for events enter at south (grand stands) side and exit on north (scoreboard) side; coaches and officials will stay on the grand stand side of the pool; during finals we will parade each event, in which student-athletes are to be brought in and introduced in front of the grandstands on their way to the blocks.. Please have student-athletes report to the staging area near bulkhead near grand stands. Chairs will not be allowed to be brought into the facility. Here are some other things of note:
- If you have a special needs swimmer, please see head official/meet director.
- We will follow the procedures, in regards to relay cards, as per Region II meet information.

- Only news media with credentials will be allowed on pool deck.
- No electrical outlets will be available for cameras.
- No saving seats prior to the event. Spectators will be allowed into the natatorium one hour prior to the swim meet. We reserve the right to stop selling tickets when seating area has reached capacity. Over flow seating may be available in the conference room.

**Specific Meet
Information:**

Meet information may be viewed at the UIL website at: www.uil.utexas.edu and the TISCA website at www.tisca@tisca.org.

Specific meet questions should be directed to Troy Bell by calling 817.413.3652 or by email to: troy.bell@fwisd.org.

