

North Texas 4-A & Under TISCA Invitational
Frisco Independent School District
Frisco ISD Natatorium
Frisco, Texas
December 8-10, 2011

Location: Frisco ISD Natatorium
7411 North First Street (North First Street & North County Road)
Frisco, Texas 75033
469-633-6160

Facilities: One 25-yard Competition Course
Separate 25-yard Warm-up/Cool-down Pool
Two One-Meter Dura-Flex Diving Boards
Fully automated Colorado System 6 Timing System
Full matrix full color LED scoreboard
Spectator seating for 800+
Ample deck seating for swimmers

Schedule: **Diving – December 8, 2011**

Warm-up	3:30*
Diving	5:00*

*Time may be adjusted depending on number of divers entered.

Each diver will perform eleven (11) dives, five (5) voluntary and six (6) optional. Please consult the National Federation Swimming & Diving Rule Book for choice and order of dives. **Diving sheets must be verified and signed by 4:00.**

Please use CleanEntries for submitting dive sheets. Dive sheets are due at the same time swimming entries are due.

Swimming Preliminaries – December 9, 2011

Warm-up	10:00 – 11:45
Preliminaries	12:00

The eight (8) fastest swimmers/relays in each event will qualify for the Championship Finals. The next eight (8) fastest swimmers/relays in each event will qualify for the Consolation Finals.

Swimming Finals – December 10, 2011

Doors Open	8:30
Warm-up	9:00 – 10:45
Finals	11:00

Rules: U.I.L. and National Federation Rules will govern the meet.

Team Eligibility: **Each school entered must have a coach/sponsor who is a current TISCA member.** Membership applications may be found at: **<http://www.tisca.org>**.

Scoring: Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Relay Events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Awards: Team awards will be given to the top three (3) girl's teams and the top three (3) boy's teams.

Medals will be awarded to first, second, and third place in individual and relay events. Ribbons will be awarded to fourth through eighth place in individual and relay events.

Entries: Each contestant may enter a maximum of four (4) events, no more than two (2) may be individual events (diving counts as an individual event). **Each team may enter an unlimited number of entries in each event, provided the time standard is met. Do not enter JV teams.**

☆ **COACHES: PLEASE ADHERE TO TIME & DD STANDARDS.**

Entry Procedure: **Swimming/Diving:** Enter your team with Team Manager. Event file is posted on the Frisco ISD Swimming Web Site. <http://www.friscoisd.org/swimming>
Do not send the Zip File. Open the Zip File and send the file that ends with HY3 to: rogersr@friscoisd.org

Dive Sheets: Use CleanEntries for submitting dive sheets. Dive sheets are due at the same time Swimming and Diving entries are due. See Dive Sheet Instructions.

Entry Fees: **Team Manager File: \$10.00** per individual, regardless of the number of individual events entered. **\$10.00** per relay entered. (Maximum entry fee per team \$400.00)

Non-Team Manager File: \$12.00 per individual, regardless of the number of individual events entered. **\$12.00** per relay entered. (Maximum entry fee per team \$450.00)

Individual Entry Fees are not required for **Relay Only Swimmers**, they are only charged if they are entered in an individual event. Entry Fees are calculated on total number of Swimmers/Divers on your original entries. **There is no re-calculation of entry fees for scratches.**

Make checks payable to: **Frisco ISD Natatorium**

Mail to: **Frisco ISD Natatorium
7411 North First Street
Frisco, Texas 75033**

Entry Deadline: Entries (Swimming & Diving, including Dive Sheets) must be received by midnight **Thursday, December 1, 2011.**

A psych sheet should be posted on the Frisco ISD Swimming Web site on Monday, December 5, 2011. Please check your entries for errors. E-mail any corrections and scratches by noon on Thursday, December 8, 2011. A warm-up schedule will also be posted with the psych sheet.

<http://www.friscoisd.org/swimming>

E-mail corrections and scratches to: Ronnie Rogers rogersr@friscoisd.org

TISCA Hy-Tek directives

- Use version 6.0 or higher of Team Manager.
- Up-date your software often to insure compatibility.
- Use the official UIL Team Code (see UIL or TISCA website).
- Use the numeric grade level (09, 10, 11, 12) for each swimmer/diver.
- Use the team name as the “short name”.
- Do not use a mascot name or shortened name.

Schedule of Events/Time Standards

Girls	Time	Event	Time	Boys
		Thursday, December 8, 2011		
9	11.50	Diving	11.70	10
		Prelims - Friday, December 9, 2011		
		Finals - Saturday, December 10, 2011		
1	2:15.49	200 Medley Relay	1:59.49	2
3	2:19.49	200 Free	2:02.99	4
5	2:38.59	200 I.M.	2:23.99	6
7	27.59	50 Free	24.39	8
11	1:13.99	100 Fly	1:04.99	12
13	1:01.99	100 Free	54.99	14
15	6:24.99	500 Free	5:41.99	16
17	2:00.59	200 Free Relay	1:44.99	18
19	1:13.59	100 Back	1:05.99	20
21	1:21.79	100 Breast	1:12.19	22
23	4:28.99	400 Free Relay	3:59.99	24

Admission: Adults - \$4.00 Students - \$3.00
Heat Sheets - \$2.00

Please call or e-mail if you have any questions:

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