

**2011 North Zone TISCA Swimming and Diving Invitational
November 18-19, 2011**

Meet Host: Lewisville ISD/ Marcus, Lewisville, Flower Mound

Meet Site: LISD Aquatic Center
5729 Memorial Drive
The Colony, Texas 75056
469-948-2750

- Indoor 50 meter pool divided into two 25 yard pools with starting blocks, warm-up-warm-down facilities.
- Locker rooms and showers
- Coaches' and officials hospitality
- Fully automated Colorado timing system
- Ample seating for competitors and spectators
- Meet manager computer program will be used to conduct the meet

Schedule:

Friday, Nov 18, 2011

Swimming warm-up 10:00 am @ LISD AC Pool
(Warm up will be divided as soon as entries are received)

Coaches Meeting 11:30 am

Swimming Prelims 11:45 am

- Men's and Women's preliminary competition will be run simultaneously using both ends of the pool. Women in the Shallow and Men in the Deep. (Switch every year)
There will be a 10-minute break after the 50 Free.

- **DIVING BOYS EVENT DD 12.2**

Diving will be at the LISD Aquatic Center. Warm-up will begin @ 3 pm/Start 5 pm (Sherry McGuire)

Saturday, Nov 19, 2011

DIVING GIRLS EVENT DD 12.0

Diving warm-up 8 am

Diving Prelims/Finals 10 am

@ The LISD Aquatic Center

5729 Memorial Drive

The Colony, Texas 75056

Phone (469) 948-2750

Fax (469) 362-2099

All diving sheets must be entered through cleanentries.com

Direction on the TISCA web site

Swimming warm-up 11:30PM @ LISD AC Pool

Swimming Finals 1:00 pm

- Finals will be held in the deep end. The shallow end may be used for warm-up and warm down. There will

be a 15 minute break after the 50 Free and a 10 minute break after the 100 Breast.

Rules: 2011--2012 National Federation Rules will apply. SUIT RULE WILL BE IN AFFECT.

Team Eligibility: Each school entered must have a coach or designated sponsor, who is a current member of the TISCA Coaches Association. Membership applications may be found at www.tisca.org. Send membership applications and check with your meet entries if you are not a member.

Scoring:

Place: 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16
Points: 20 17 16 15 14 13 12 11 9 7 6 5 4 3 2 1
Relays DOUBLE

Entry Limit: Each Swimmer may enter a maximum of four events. No more than two may be individual events. **Relay entries are limited to two per relay event. Relay entries must be entered with a time. Relay entries with no times will not be entered in the meet.** There is no limit to the entries in the individual events, as long as the time standard has been reached in the last calendar year.

**Entry Fee: MUST BE ON HYTEK PROGRAM
\$10.00 per Athlete/\$10 per Relay.**

Entry Forms:

When sending entries on Hy-tek teams must e-mail a HARD COPY IN WORD FORMAT of the names and entry fees. Admin. Must have a hard copy. Relay swimmers names must be listed. This is for comparison of entries. When entering on Paper teams must use the UIL forms distributed in your handbook. Fees must accompany entries or received prior to competition!! **Please send these to your accountants EARLY!!!**

Deadline:

ENTRY DEADLINE NO LATER THAN 5:00 PM, TUESDAY, NOV. 8TH

Entries and fees may be sent to: **Shannon Gillespy
1601 Bonham Pkwy.
Lantana, Texas 76226
Fax: 972-355-9332
gillespys@verizon.net**

FEES MUST ACCOMPANY ENTRY OR BE HAND DELIVERED (send your fee requests early to your ISD's.)

Checks should be made payable to: **Marcus Swim/Dive Booster Club**

Meet Director: Shannon Gillespy
Marcus High School 214-697-4145
1601 Bonham Pkwy
Lantana, Texas 76226
gillespys@verizon.net

Admission: \$5.00 per adult/\$3.00 per student
Heat Sheet \$10.00 includes 2 day band with finals sheet

2011 NORTH ZONE TISCA TIME STANDARDS

GIRLS		BOYS
2:10.00	200 MEDLEY RELAY	1:55.00
2:05.50	200 FREESTYLE	1:55.00
2:19.75	200 IND. MED	2:08.00
27.00	50 FREESTYLE	24.00
12.0	DIVING	12.2
1:03.75	100 BUTTERFLY	58.50
59.50	100 FREESTYLE	53.50
5:40.00	500 FREESTYLE	5:14.00
2:00.00	200 FREE RELAY	1:50.00
1:05.50	100 BACKSTROKE	1:01.50
1:13.25	100 BREASTSTROKE	1:07.50
4:00.00	400 FREE RELAY	3:45.00

Each team is limited to two (2) relays per relay event. **Please adhere to the TIME STANDARDS.**

**COMPLETE DIVE SHEETS MUST BE SUBMITTED TO:
CLEANENTRIES.COM BY THE ENTRY DEADLINE**

Rule-section 3 art.5. Fax to 972-355-7513 Questions contact Sherry McGuire @
mcguires@lisd.net

Coaches when entering divers Section 8 art. 3 rules apply please adhere to the DD requirements

North Texas TISCA Diving

Location: LISD Aquatic Center
5729 Memorial Drive
The Colony, Tx. 75056
Phone (469)948-2750
Fax (469)362-2099

Contact : Sherry McGuire @ mcguires@lisd.net

Sherry McGuire
4th Grade Swim Program
Diving Coach
Lewisville ISD
LISD Natatorium
1776 Timbercreek
Flower Mound Tx
(972)539-4405
(972)317-7675